

# **GURU NANAK COLLEGE (AUTONOMOUS)**

(Re-accredited at 'A' Grade by NAAC) Affiliated to the University of Madras Guru Nanak Salai, Velachery, Chennai – 600 042

## **REPORT**

1. Event Title : SECOND INTER-DISCIPLINARY SCIENCE WEBINAR SERIES

2. Category : All UG, PG students, Research Scholars and Faculty members

3. Department : School of Sciences

4. Date : 20.07, 2020 to 22.07,2020

5. No. of Participants : 274

6. No. of Resource Person: 3

Sl.No.	Name of the Staff	Date	Title
1	Dr. R. Chitra, Assistant Professor, Department of Chemistry, Guru Nanak College (Autonomous) Chennai	20.7.2020	"Detection of Food adulterants"
2	Dr. A.Karthikeyani Associate Professor Department of Chemistry, Guru Nanak College (Autonomous) Chennai	21.7.2020	Chemistry for healthy life
3	Dr. S.S.Jayanthi Assistant Professor Department of Chemistry, Guru Nanak College (Autonomous) Chennai	22.7.2020	Lockdown-"Knock down the future"

### **Report Description**

7. The School of Sciences organized the "SECOND INTER-DISCIPLINARY SCIENCE WEBINAR SERIES" starting form 20<sup>th</sup> July 2020 to 22<sup>nd</sup> July 2020. The Resource persons were from School of Sciences, Guru Nanak College and organized with an objective to impart interdisciplinary knowledge among the Students, Research Scholars and Faculty members.

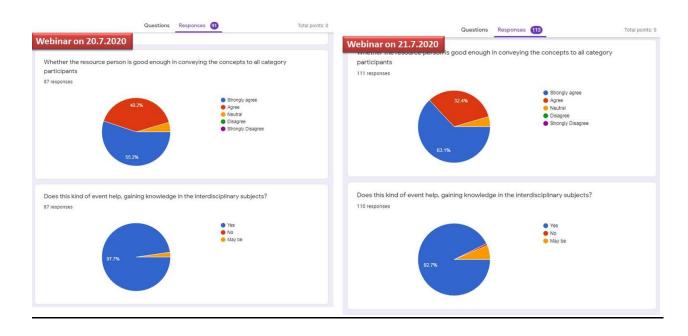
#### Report

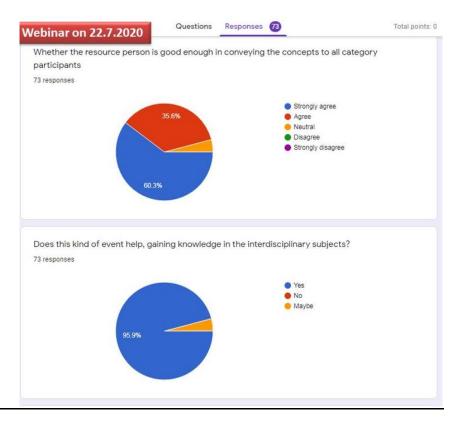
The objective of the program was to share the knowledge of science among the student's community and also with faculty members. The second webinar series started with the first webinar on "Detection of Food adulterants" by Dr. R. Chitra, Assistant Professor, Department of Chemistry, Guru Nanak College. She explained how to detect the food adulterants using very simple materials available in house. She listed out the various adulterants especially in milk, honey, tea powder, chili powder, Turmeric and oil etc. Participants would have gained knowledge relating to this topic, which is very relevant to our wellbeing. The second webinar was delivered by Dr. A. Karthikeyani, Associate Professor, Department of Chemistry, Guru Nanak College, on the topic "Chemistry for Healthy Life". Another important topic, in which, the resource person listed various healthy practices to be followed to prevent health disorders like diabetes, blood pressure etc. She also pointed about the importance of sleep and the chemistry behind it. She also highlighted about the diseases related to endocrine glands and the precautions to be taken to avoid those diseases. The third webinar of the series was delivered by Dr. S.S.Jayanthi, Assistant Professor, Department of Chemistry, Guru Nanak College, on the topic "Lockdown-"Knock down the future". This program mainly focused on the international certificate courses available freely on the internet. She listed various websites and the international universities offering those courses. She also encouraged especially student participants to join the courses and get benefitted out of that during the lockdown time.

#### **Invitation**



# Google feedback form





### Certificate





